



Humber and North Yorkshire Specialised Provider Collaborative (HNY SPC) Child and Young People's Mental Health Inpatient Referral Protocol

1. Introduction:

This protocol describes the arrangements for the referral, assessment and admission process within Humber and North Yorkshire in relation to child and young people's mental health inpatient services. The protocol is to assist all referring services to make sure that referrals are appropriate, timely and that children and young people can receive the most appropriate care to meet their clinical need. This does not replace the NHSE CAMHS Tier 4 Operating Handbook which can be read in conjunction with this local protocol.



tier-4-camhs-general
-adolescent-service-sj

2. Children and Young People's Mental Health (CYPMH) Inpatient services in Humber and North Yorkshire:

In Humber and North Yorkshire there are two inpatient units:

- Mill Lodge (usually admitting CYP that live in North Yorkshire and York)
- Inspire (usually admitting CYP that live in Hull, East Riding, North Lincs and North East Lincs)

Our focus is to ensure that CYP can be admitted to the best place to meet their current clinical need so, on occasion, they may need to be admitted to an inpatient unit that is not nearest to their home address.

Aligning with these units there are also alternatives to admission for CYP with an eating disorder, commissioned by the HNY SPC, they are:

- Willow View Day Care (based at Mill Lodge)
- Hull and East Riding Eating Disorder Intensive Home Treatment Team (EDITT)

Please note there are other alternative to admission, intensive mental health services across the Humber and North Yorkshire area, please contact your local CAMHS service for more information on these services in your area. Details of some of these alternatives to admission services can be found in Section 4.5.

3. Purpose of admission:

The inpatient services are specialised services with the primary purpose of the assessment and treatment of severe and complex mental health disorders in CYP. The inpatient unit should be seen in the context of a pathway of care that continues throughout admission to ensure that protracted length of stay and the development of dependence on inpatient treatment are avoided. Consideration of length of stay and discharge planning should be considered as part of the admission process. To aid clarity an inpatient admission is not warranted purely on the requirement for a place of safety for a CYP where for a residential, home circumstances or community services are unable to manage current presentation or risk.



4. Process for referral for admission:

4.1 CYP with Learning Disability and/or Autism

CYP who have Autism and/or Learning Disability Diagnoses **MUST** be referred to the local Dynamic Support Register (DSR) and have a Care Education and Treatment Review (CETR)/Local Area Emergency Protocol (LAEP) meeting held (if consenting) which supports a referral for admission before a referral for admission is made. If a young person does not consent to be on the DSR or have a CETR, a professionals meeting is recommended, to consider the purpose of admission and explore alternatives to admission.

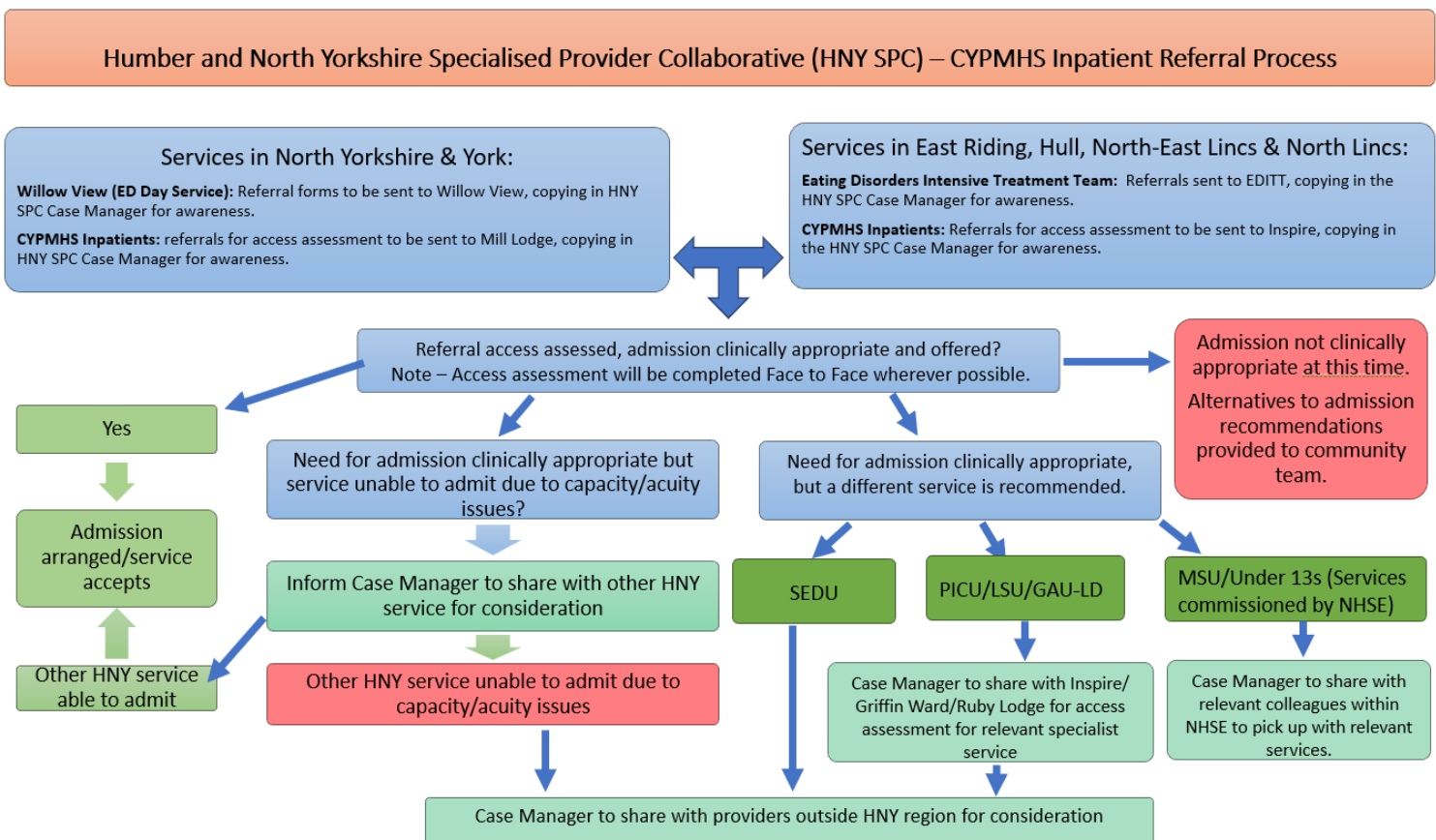
Please contact the Admission Avoidance Hub which offers support, co-ordination and facilitation of DSR, CETR, and LAEP.

If a CYP has had a previous access assessment or CETR it will be essential that any recommendations have been attempted before a further access assessment will be carried out, please ensure this information is included in the referral.

CYP who have Autism and/or Learning Disability may also benefit from having a keyworker involved in their care.

4.2 Referral flowchart:

Please see below the steps to making a referral:





4.3 Emergency admissions:







On occasions when there is a need to refer patients for admission and referrals in an emergency, please make the Specialist Provider Collaborative and Inpatient Providers aware of the possibility of the need for a referral in advance – this helps with bed planning and ensuring the most appropriate bed to meet need can be found. An email summary or phone call to the identified Inpatient Provider for your area, sharing an overview of the patient, is recommended.

4.4 Consultation and advice

Inpatient Providers can also offer consultations to support with advice and guidance to support admission avoidance. **Prior to a referral being made it is recommended that community providers contact the inpatient services for advice and consultation.** There are alternatives to admission for CYP with Eating Disorders which can be considered if appropriate to meet the CYP’s needs.

4.5 Details of services

Please find details of services that may be helpful if considering a referral to inpatient services.

Service	Referral Form	Submit to	Out of hours
Mill Lodge (For York and North Yorkshire CYP)	 Referral Form to Access Tier 4 CAMHS.	milllodgereferrals.lypft@nhs.net	Access Assessments completed by on-call CAMHS Consultant
Inspire (For Hull, East Riding, North East Lincs and North Linc’s CYP)	 Referral Form to Access Tier 4 CAMHS.	hnf-tr.inspire-referrals@nhs.net	Process remains the same out of hours
Willow View (based at Mill Lodge)	 Willow View referral form.docx	lmh-tr.willowview@nhs.net	No out of hours provision
Hull and East Riding Eating Disorder Intensive Home Treatment Team (EDITT)	 EDITT Referral Form BLANK.docx	hnf-tr.camhseditt@nhs.net	No out of hours provision
North Yorkshire & York CAMHS Eating Disorder Service – Intensive Home Treatment Team	 CYPS Eating Disorder Access form	teww.northyorkshirecamhsreferrals@nhs.net	Service operates 7 days a week, 8am to 8pm (to access service, CYP must be open to community ED team)
Humber and North Yorkshire Admission avoidance hub, DSR and CETR team	 HNY NY&Y DSR Referral Form.docx	hnyicb-ery.admissionavoidancehub@nhs.net hnyicb-ny.dsrequestsnyy@nhs.net	No out of hours provision
Key Worker Service Dynamic Support Keyworker Dynamic Keyworker Service - Connect NHS	Humber and North Yorkshire Dynamic Support Keyworker Service Referral Form	hnf-tr.keyworkerenquiries@nhs.net	No out of hours provision



Specialised Provider Collaborative

Humber and North Yorkshire Specialised Mental
Health, Learning Disability and Autism Provider
Collaborative

	Humber and North Yorkshire Dynamic Support Keyworker Service Consent Form		
Case Manager	Raph Harrison	raphael.harrison@nhs.net If out of office received, please send to: hnf-tr.casemanagershnypc@nhs.net	No out of hours provision

Terminology key:

- CYPMHS: Children and Young People's Mental Health Services
- CAMHS: Child & Adolescent Mental Health Services
- CYP: Children and Young People
- SPC: Specialised Provider Collaborative
- HNY: Humber and North Yorkshire
- SEDU: Specialist Eating Disorder Unit
- PICU: Psychiatric Intensive Care Unit
- LSU: Low Secure Unit
- GAU-LD: Generic Adolescent Unit for Young People with Learning Disabilities
- MSU: Medium Secure Unit
- DSR: Dynamic Support Register
- CETR: Care, Education and Treatment Review
- LAEP: Local Area Emergency Protocol