



SMART Recovery[®]

Self Management & Recovery Training

SMART Recovery Meetings in the East Riding

To Discuss Further Contact Dave on 07956 539821 or Martin on 07508 319153

Beverley

St Nicholas's Church Community Centre

148 Holme Church Lane

Beverley

HU17 0PY

Every 1st & 3rd Tuesday of the Month

10am - 11.30am

Goole

Goole Library & Museum

Education Room

Carlisle Street

Goole

DN14 5DS

Every 2nd & 4th Thursday of the Month

10.30am - 12pm

Bridlington

North Bridlington Library

Marton Gate

Bridlington

YO16 6YD

Every 1st & 3rd Thursday of the Month

10.30am - 12pm

Withernsea

Withernsea Leisure Centre

Committee Room

134 Station Road

Queen Street

Withernsea

HU19 2QA

Every 2nd Tuesday of the Month

10am—11am

Online Zoom Meetings

Every Wednesday - 12pm & 2pm

Every Thursday - 2pm

Every 1st & 3rd Monday of the Month - 6pm