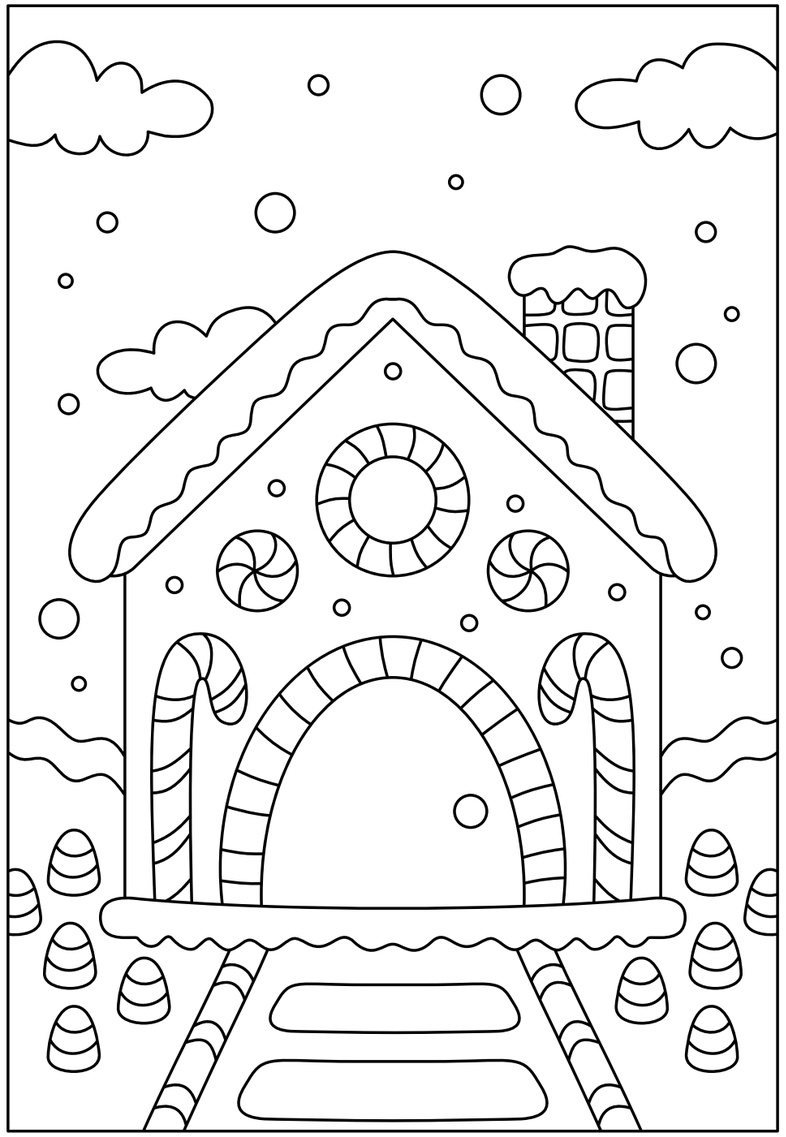
MENTAL HEALTH SUPPORT TEAM

NHS
Humber Teaching
NHS Foundation Trust

CHRISTMAS MINDFULNESS COLOURING ACTIVITY



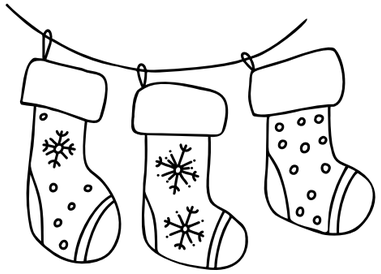
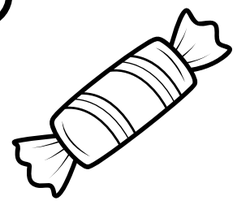


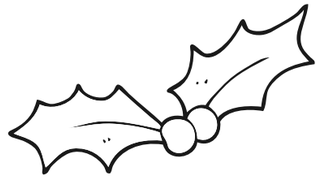


MENTAL HEALTH SUPPORT TEAM

NHS
Humber Teaching
NHS Foundation Trust

CHRISTMAS MINDFULNESS COLOURING ACTIVITY














MENTAL HEALTH SUPPORT TEAM

NHS
Humber Teaching
NHS Foundation Trust

CHRISTMAS MINDFULNESS COLOURING ACTIVITY







