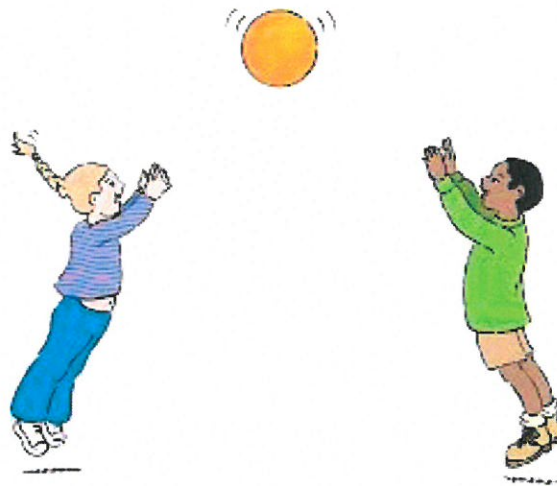


## Pack for turn taking



**This pack should only be used under the guidance of a Speech and Language Therapist**

Original concepts by Speech and Language Therapists in Hull and East Yorkshire  
Updated by Rona Gaffney 2015



Name: School:				D.O.B:	
Overall aim(s)	Where am I now?	What will I achieve?	Outcome	Actual Outcome	
To help the child improve their expressive and receptive language skills to their full potential	The child 's is not yet able to take turns during activities	The child will be able to take turns 80% of the time during structured therapy activities			
Therapy package: Targets will be reviewed as agreed with the speech and language therapist	Timescale: As agreed with the speech and language therapist	Factors contributing to outcome: Commitment from adults working with the child and regularity of practice.			

Please work through the following activities. If you have any questions or feel that the targets have been achieved, please contact the speech and language therapist



## ***Developing a Child's Turn Taking Skills***



- ❖ Conversations are made up of taking turns. We learn to wait and listen to the other person before we speak.
- ❖ Children may find it hard to learn to share, wait and take turns.
- ❖ We can encourage turn taking in very small children and babies.
- ❖ Turn taking can be encouraged throughout the day in many games and activities.
- ❖ Begin by encouraging turns one on one; it is easier than with other children.
- ❖ Use your names to signify whose turn it is, e.g. “It’s mummy’s turn”, “now it’s Jack’s turn”, so that your child begins to understand what these words mean.



## *Taking Turns*



Many young children find it difficult to learn to wait, share and take turns. A child with a communication difficulty may find it hard to accept the rules of turn-taking and sharing. This is an important skill to help develop the rules needed for conversational turn-taking.

### **Early turn-taking**

Give your child a toy and let them play with it. Then offer your child another toy, but only let him/her have it when the first one is returned. This helps your child to learn to give and take.

### **Everyday sharing**

There are many opportunities to encourage turn-taking and sharing in everyday routines, particularly with siblings!

- Taking turns to stir cake mixture
- Taking turns on the swing
- Taking turns to brush your teeth





## Tips for working on turn-taking

- Start with just you and your child. It is much harder with other children
- Be in control of the activity by keeping hold of the equipment being used
- Demonstrate the activity first so the child understands
- Use appropriate language, e.g. my turn, your turn
- If your child is reluctant, let them have 2 turns for every 1 turn you have
- If they are unwilling to cooperate try again later



## **Activities to Develop Turn Taking Skills**



### ❖ **Balls and bean bags**

Sit opposite your child and throw balls or bean bags to each other.

### ❖ **Wind-up toys and cars**

Send wind-up toys across the table to each other. Try the same thing with cars.

### ❖ **Posting boxes**

Take turns to post the pieces.

### ❖ **Skittles and ball**

Take turns to roll the ball and knock the skittles down.

### ❖ **Building beakers**

Take turns to add another beaker (or brick) before it falls down.

### ❖ **Household tasks**

You may be able to build turn taking into tasks, such as food preparation, filling the washing machine with laundry and emptying shopping bags.

