

Contact Us



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HNF-TR.ResearchTeam@nhs.net



<https://www.humber.nhs.uk/research/>

Helpful websites:

<https://bepartofresearch.nihr.ac.uk>

<https://www.joindementiaresearch.nihr.ac.uk>

<https://www.nihr.ac.uk/patients-carers-and-the-public/>

'The NHS can't move forward without research and research can't move forward without willing volunteers. Without research we can't change the future!'

Research Champion (person living with dementia) The Humber Teaching NHS Foundation Trust

Watch our video for more information



SCAN HERE

My Research Journey

Visit our **Linktree***

<https://linktr.ee/researchhumber>



SCAN HERE

Complaints and Feedback Team

Humber Teaching NHS Foundation Trust
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HU10 6ED



01482 303930



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**Be Part of
Humbelievable
Research**

What is Research?

Healthcare Research aims to find better ways to prevent disease, improve treatments, and deliver safer, more effective care for patients and the public (NIHR, 2024)

Why is research important?

- Helps discover ways to improve care and treatment for people
- Offers hope for the future, without research there is no change
- By taking part, people can voice their views
- Can lead to better outcomes for people

What types of research studies are there?

- Trials of new treatments and new ways to support people
- Exploring genetics, e.g. saliva samples
- Testing new technology, websites and apps
- Health and wellbeing and experience questionnaires

What to expect?

- An initial chat with one of our research team to find out which studies might be appropriate for you and what is involved
- Time to ask any questions you may have
- Enough information to allow you to make a decision that is right for you (no pressure to take part)
- Studies can vary in length, from a one-off questionnaire to a number of months

Is research safe and can I change my mind?

- NHS research studies are checked and approved by a national public body called the Health Research Authority, to protect the interests of patients and the public
- Studies are reviewed to make sure they are ethical
- Studies are closely monitored
- Taking part is voluntary
- You can stop taking part at any time

What do people say about taking part?

“Knowing that the research may be used to help other people can feel really empowering.”

“Research gave me the hope I so desperately needed. The wonderfully smiley team at Humber know how to make people feel valued, to make people feel special, often at a time of turmoil.”



A bird drawn by Research Participant ‘Olivia’ (aged 11) during a Patient and Public Involvement session for the FINCH trial.

How to get involved

- Speak to a person from your healthcare team
- Contact our friendly research team who would love to hear from you (see contact details on back page)

There’s something for everyone!