#### Services provided across the system

- Perinatal mental health care for women from Hull, East Riding, North Lincolnshire and North East Lincolnshire from pregnancy until up to 12 months after delivery.
- Medium and Low Secure inpatient facilities providing assessment, treatment and rehabilitation to people with mental health problems from the local area or nationwide.
- Inpatient facilities for Children and Young People with mental health difficulties.



### Whitby and surrounding areas

- · Minor Injuries Unit.
- Inpatient rehabilitation, palliative and end of life care.
- Outpatient physiotherapy for people with musculoskeletal pain or problems.
- A range of community and specialist therapies including physiotherapy, occupational therapy, dietetics and speech and language therapy.
- A range of Community and specialist nursing services.
- · NHS Weight management.

# Integrated Prevention, Community Care and Support Service, including: A range of community and specialist nursing services.

Scarborough and Ryedale

- · Frailty Service.
- A range of community and specialist therapies including physiotherapy, occupational therapy, dietetics and speech and language therapy.
- Outpatient physiotherapy for people with musculoskeletal pain or problems.
- Inpatient rehabilitation and palliative care at Malton Hospital.
- · NHS Weight management.

### Pocklington

Kendal

- A range of Community and Specialist nursing
- Community therapies including physiotherapy, occupational therapy, dietetics and speech and language therapy.
- Outpatient physiotherapy for people with musculoskeletal pain or problems.
- Children's Therapy for Physio Occupational Therapy, Dietetics and Speech.
- Addictions Services.
- · Prevention Wellbeing and Recovery Services

## Hull and East Riding of Yorkshire

- Talking and Psychological therapies for those with anxiety and depression.
- Community and inpatient mental health services
- Veterans Mental Health Transition, Intervention and Liaison Service.
- Learning disability services within the community and inpatient settings.
- Prevention, Wellbeing and Recovery Service, including Recovery College.
- Addictions services.
- Specialist Public Health Nursing, supporting families, children and young people from pregnancy until 19 years of age.
- Specialist services for children including physiotherapy, occupational therapy, dietetics and speech and language therapy and support with emotional and/or mental health difficulties.
- GP Practices.
- Community based services for people across
  Hull and East Riding with forensic mental health
  disorders to reduce reliance on inpatient low and
  medium secure facilities, including Mental Health
  Liaison and Crisis Support.\*
- Complex Recovery Service (Rehabilitation) across Hull and East Riding.\*

