**6th Annual Research Conference**

**Thurs 3 November 2022**

**To register:** <https://tinyurl.com/HumberResearch2022>

You will be sent a link to join the live event. Also allows you to access a recording of the event afterwards if unable to attend on the day.

**Contact us**: [HNF-TR.ResearchTeam@nhs.net](mailto:HNF-TR.ResearchTeam@nhs.net)

**Programme**

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| 09:00 | Registration |
| 09:30 | ***Welcome & introduction to Chair for the morning***  Michele Moran, Chief Executive, Humber Teaching NHS Foundation Trust - |
| Chair: Dr Nigel Wells, Executive Director of Clinical and Professional for Humber and North Yorkshire Integrated Care Board (ICB) |
| 09:35 | ***The power of experts by experience*** - Dr Wendy Mitchell, Research Champion, Author and Living with Dementia |
| 10:00 | ***Support for People with Dementia after Diagnosis: What role do Recovery Colleges play?*** - Dr Emma Wolverson, Research Lead Dementia UK. Senior Lecturer Ageing and Dementia University of Hull |
| 10:20 | ***Child Oriented Mental Health Innovation Collaborative (COMIC), Leeds and York Partnership NHS – Co-producing a nature activity for children with ADHD*** - Dr Hannah Armitt, Senior Clinical Research Psychologist, Humber Teaching NHSFT with Leah Attwell and Ellen Kingsley |
| 10:40 | Q&A session |
| 10:55 | **Break** |
| 11:15 | ***Fear of childbirth (Tokophobia) research*** - Claire Marshall, Specialist Perinatal Mental Health Nurse/Clinical Lead, Humber Teaching NHSFT with Dr Victoria Lappin (lived experience) |
| 11:40 | ***Don't react! Choose how to communicate with distressing voices*** - Prof Mark Hayward – Professor of Psychology, University of Sussex |
| 12:00 | ***The making of a film about people journeying towards better mental health through green and blue spaces*** - Dr Phillip Kerrigan Project Manager, University of York |
| 12:20 | Q&A session |
| **12.35** | **Lunch** |
| 13:35 | Chair: Dr Kwame Fofie, Medical Director, Humber Teaching NHS Foundation Trust |
| ***Driving Quality Improvement with Rapid Digital Processing of Patient Experience Data***- Mr Erik Mayer, Consultant Surgeon & Transformation CCIO, Imperial College Healthcare NHS Trust & Sarindi Aryasinghe, Programme Manager Digital Health in Patient Experience, Imperial College London with Mandy Dawley, Patient Experience Lead, Humber Teaching NHSFT |
| 14:00 | ***Actfulness: Putting Motor Activation back into thinking. A Remote Kinematic Augmentation of the Behavioural Treatment for Depression*** - Dr Laura Voss, Consultant Psychiatrist, Humber Teaching NHS Foundation Trust with Dr Alex Tiba, Assistant Professor in the Department of Psychology at University of Oradea |
| 14:20 | ***Celebrating research across the year*** - Cathryn Hart |
| 14:30 | Q&A session |
| 14:45 | **Break** |
| 15:05 | ***CPRD: Primary Care Research Improving Patient Care*** – Stuart Fordyce, Primary Care Engagement lead, Clinical Practice Research Datalink (CPRD), MHRA |
| 15:25 | ***Research and Innovation: The Urgency of Now versus the Importance of Long Term Investment*** - Dr Neville Young, Director of Enterprise and Innovation, Yorkshire & Humber AHSN |
| 15:45 | Q&A session |
| 15:55 | ***Conference Round Up*** - Rt Hon Caroline Flint |
| 16:00 | Close |