

Involvement in Trust Activities

Here are some of the ways that you can get involved in activities that take place across our Trust:

Patient & Carer Experience Forums

- Help raise the profile of patient and carer experience in our services.
- Have the opportunity to make positive and constructive suggestions about our services.
- Participate in improving and developing services within the Trust.

Email:

hnf-tr.patientandcarerexperience@nhs.net

Tel: 01482 389167

For Quality Improvement initiatives, please contact:

hnf-tr.qimprove@nhs.net

Twitter: @HumberQI

Sharing my Story

- Your story is a very valuable learning tool for staff
- Share positive or negative experiences to help drive improvement in the organisation
- Your story could prove a good support tool for others in similar situations

Email:

hnf-tr.patientandcarerexperience@nhs.net

Tel: 01482 389167

Research

- You, and/or those close to you, could help us try out new treatments, complete questionnaires or provide samples for genetic testing. (Just some examples)
- Become a Research Champion and help us promote research across our Trust and community
- There may be opportunities to help guide new research ideas

Email:

hnf-tr.researchteam@nhs.net

Tel: 01482 301726

Recruitment

- You could meet the applicants as part of a patient and carer panel
- Be part of the interview panel
- Take part in an activity such as a group discussion with the applicants

The way you want to be involved will be determined by you.

Email:

hnf-tr.patientandcarerexperience@nhs.net

Tel: 01482 389167

Volunteering

- Use your valuable skills, knowledge and life experience to enhance our services
- Improve your own health and wellbeing through helping others
- Receive training and develop new skills

Email:

hnf-tr.voluntaryservices@nhs.net

Tel: 01482 477862

Recovery College

- Get hands-on by becoming a member of our team – you could utilise your lived experience in a supportive peer volunteer role
- Share knowledge, skills and lived experience as a volunteer guest tutor by developing and delivering a course
- Take control your own mental wellbeing and develop new skills by enrolling onto our workshops and courses yourself!

Email:

hnf-tr.recoverycollege@nhs.net

Tel: 01482 389124

Health Stars

Health Stars contributes to a thriving healthcare environment for NHS teams and their patients, by embracing generosity & investing in innovation. We promote the development of exceptional healthcare, which goes above and beyond NHS core services

- The Circle of Wishes is the place where you can tell us about the things you feel would make a real difference to Humber Teaching NHS Foundation Trust services. The things that would bring real “sparkle” to our services our patients and the wider community.

Website: healthstars.org.uk

Trust Member: What does it mean to be a Member?

Being a member of our Trust gives you the opportunity to become involved and have a say in how our services are developed. Membership is free and you can be involved as much or as little as you would like.

If you are interested in knowing more about being a Trust member please contact the membership office.

Email: hnf-tr.members@nhs.net

Tel: 01482 389132