



SMART Recovery®

Self Management and Recovery Training

SMART recovery Meetings in the East Riding

Contact Dave 07956 539821 or Martin 07508 319153

Goole

Goole Hospital
The Conference Room
Woodland Avenue
Goole
DN14 6RX
Every Thursday
1.30pm -3.30pm

Bridlington

Christchurch Keycentre
2 Quay Road
Bridlington
YO15 2AP
Every Wednesday
1pm -3pm

Beverley

Cherry Tree Centre
117Cherry Tree Lane
Beverley
HU17 0AY
Every Friday
10am -12pm

Hull

Alcohol & Drug Service Head Office
82 Spring Bank
Hull
HU3 1AB
Every Monday
2pm -3.30pm

Driffield

Alfred Bean Hospital
Bridlington Rd
Driffield
YO25 5JR
Every Tuesday
3pm - 5pm

SMART Recovery Family & Friends

These groups help those who are affected by drug or alcohol misuse or other addictions of a loved one.

Family & Friends Meeting

Cherry Tree Centre,
117 Cherry Tree Lane,
Beverley, HU17 0AY
Every First & Third Monday of the month
7pm - 8.30pm

CHANGES 
The East Riding
Partnership
Service User & Carer Involvement Service