

Supporting Change for Families and carers

We know that family and carers of people with addiction can feel helpless around how they can provide support to their loved one. It affects not just the person with the problem but those closest to them.

The Support We Provide?

- Information on drug and alcohol treatment
- Drug and alcohol awareness
- Understanding addiction
- Signpost you to the help you need
- Provide advice and guidance to secure your emotional wellbeing

If you would like more information, please call:

Dave Reade 07956 539821
Martin Wood 07508 319153

Equal Opportunities

You will be treated with dignity and respect, and we will not discriminate against you on the grounds of gender, sexuality, age, race, religion, health status, ability or class.

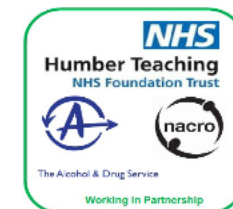
The East Riding Partnership

Central Hub: 01482 336675

West Hub: 01405 608210

East Hub: 01262 458200

Reg. Charity no. 1108595
Company no. 05375809



The East Riding
Partnership



**WORRIED ABOUT
ALCOHOL OR
DRUG USE?**

**WE'RE HERE TO
HELP!**

**“supporting people to
make positive change”**

Drop In Services

Offering:

- One to one support
- Advice and information on drugs and alcohol
- Information on treatment options
- Assessment for treatment
- Support in maintaining abstinence
- A confidential service
- No appointment needed

Central Hub

Withernsea

Withernsea Hospital
Queen Street, HU19 2QB.

Monday 2.00pm - 4.00pm (second and fourth Monday of the month)

Hedon

Rosedale Community Unit,
Preston Road, HU12 8JU.

Tuesday 9.00am - 12.00pm (first and third Tuesday of the month)

Beverley

Beverley Health Centre, (community reception), Manor Road, HU17 7BZ.

Wednesday 9.00am - 12.00pm (weekly)

*For any enquires regarding the Central Hub drop-ins, please call **01482 336675***

West Hub

Anlaby/Hessle

Hessle Grange Medical Practice (community reception), 11 Hull Road, Hessle, HU13 9LZ.

Monday 9.00am - 12.00pm (weekly)

Goole

Lloyds Pharmacy, Goole Health Centre, Woodland Ave, DN14 6RU.

Wednesday 9.00am - 12.00pm (weekly)

Pocklington

Pocklington Health Centre,
George Street, YO42 2DF.

Thursday 1.30pm - 4.00pm (weekly)

*For any enquires regarding the West Hub drop-ins, please call **01405 608210***

East Hub

Driffield

Alfred Bean Hospital (Outpatients reception),

Bridlington Road, YO25 6ST.

Tuesday 9.00am—12.00pm (weekly)

Bridlington

West Hill Pharmacy, 29 Bessingby Gate, YO16 4RB.

Wednesday 9.30am – 12.30pm (weekly)

Hornsea

Hornsea Cottage Hospital, (main reception), Eastgate, HU18 1LP.

Friday 1.30pm - 4.00pm (weekly)

*For any enquires regarding the East Hub drop-ins, please call **01262 458200***