

Humber NHS Foundation Trust is proud to provide a broad range of mental health, learning disability, community, children's and addictions services to the people of Hull and the East Riding of Yorkshire, a population of almost 600,000. We also offer specialist, award-winning forensic and offender health services to patients from the wider Yorkshire and Humber area and further afield.

Our vision is to improve the health and wellbeing of the communities we serve, supporting people to live longer and healthier lives.

“ When you have kids you can't always be where you're supposed to be. It's great to access services that fit my family's life, not the other way around. ”

Contact Us:

Humber NHS Foundation Trust
Trust Headquarters
Willerby Hill
Beverley Road
Willerby
HU10 6ED
Tel: 01482 301700
Email: Hnf-tr.contactus@nhs.net
Web: www.humber.nhs.uk

Follow us on Twitter

@HumberNHSFT

Accessing Mental Health Services:

If you have a Hull GP
Depression & Anxiety (Let's Talk): 01482 247111
Lead Provider CHCP CIC

Secondary Mental Health (including crisis referrals):
01482 336161

If you have an East Riding GP
Emotional Wellbeing: 01482 335453
Single Point of Access Mental Health
(including crisis referrals): 01482 301701

Patient Advice and Liaison (PALS) and Complaints

Trust HQ
Willerby Hill
Beverley Road
Willerby
HU10 6ED

PALS

Tel: 01482 303966



Working together for a
brighter future





“ My independence means the world to me. My nursing team support me so I can still look after myself. ”



“ With the right support I got out of hospital sooner than I thought I would. I’m doing really well now. ”

A brief A-Z of our services include:

- A&E mental health liaison for working age adults and older people
- addictions, including inpatient alcohol detox
- bladder and bowel specialist care
- child and adolescent mental health services (CAMHS)
- children’s services
- chronic fatigue
- counselling
- community hospitals in Beverley, Withernsea and Bridlington providing inpatient medical beds and in Hornsea and Driffield providing outpatient services
- community nursing
- diabetes services
- forensic services for mental health, learning disability patients and personality disorder patients, health services in prisons including mental health in-reach

- health trainers
- health visiting
- Huntington’s Disease team
- inpatient and community mental health for working age adults and older people
- intermediate care
- learning disability community and inpatient services
- long-term conditions
- Macmillan nurses
- multidisciplinary falls prevention
- nutrition and dietetics
- out of hours and unscheduled care
- palliative care
- perinatal mental health
- pain
- physiotherapy
- podiatry
- psychiatric liaison
- psychological interventions

- psychotherapy
- school nursing
- self-harm
- speech and language therapy
- stroke services
- tissue viability
- traumatic stress
- unscheduled care
- veterans’ mental health

“ It’s overwhelming asking for help but now I’ve made that step, things are looking a lot better. ”



This list is not exhaustive.

For more information and for referral pathways, please visit us at www.humber.nhs.uk/services.htm