



Humber Teaching
NHS Foundation Trust

Dementia Strategy 2018-21



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Author Name / Job Title	<i>Liz Schumacher, Assistant Care Group Director OPMH</i>	
Directorate Name	<i>Mental Health</i>	
Sponsor	<i>Jan Smith Care Group Director</i>	
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1. Introduction



Humber Teaching NHS Foundation Trust (the Trust) is a leading provider of dementia services in Hull and the East Riding of Yorkshire, working with partner agencies to develop and deliver effective services to people who are living with dementia.

The Trust covers a large and varied geography with our dementia services working across the City of Hull and the towns and rural communities of the East Riding of Yorkshire with diverse populations and unique social and

local circumstances. Our Strategic Plan aligns to both local Joint Health and Wellbeing Strategies¹ and specifies how we will work over the lifetime of the plan to focus the dementia services we provide to achieve greater alignment with the NHS Five Year Forward View; increasing independence and self-management, harnessing technology and new ways of working and developing partnerships to improve quality and efficiency.

We will embed and enrich our service by aligning our plans with the vision of the five dementia 'we statements':

1. We have the right to be recognised for who we are, to make choices about our lives including taking risks, and to contribute to society. Our diagnosis should not define us, nor should we be ashamed of it.
2. We have the right to continue with day-to-day and family life, without discrimination or unfair cost, to be accepted and included in our communities and not live in isolation or loneliness.
3. We have the right to an early and accurate diagnosis, and to receive evidence based, appropriate, compassionate and properly funded care and treatment, from trained people who understand us and how dementia affects us. This must meet our needs, wherever we live.
4. We have the right to be respected, and recognised as partners in care, provided with education, support, services, and training which enables us to plan and make decisions about the future.
5. We have the right to know about and decide if we want to be involved in research that looks at cause, cure and care for dementia and be supported to take part

What we do also recognise that the number of people living with dementia is set to increase as people live longer and benefit from advances in care and treatment; meeting the future needs of people with dementia and their carers', and developing the services available to meet these needs will be planned to provide the greatest opportunity for people to live well, maintain independence and well-being and maximise opportunities for self-management and autonomy. As such this strategy aligns with the Trust's overarching Strategic Plan 2017-2022 linking directly with a number of the Trusts strategic goals:

Goal 1- *Innovating quality and patient safety*

¹ East Riding of Yorkshire Joint Health and Wellbeing Strategy 2016-2019, Hull – Healthier Together Health and Wellbeing Strategy 2014-2020.

Goal 2 - Enhancing prevention, wellbeing and recovery

Goal 3 - Fostering integration, partnership and alliances

Goal 6 - Promoting people, communities and social values

The aims of this strategic plan are to:

Develop the Trust approach to evidence based dementia care.

Work with commissioners and partners to deliver dementia services to meet local need that reflect the ambition of the Sustainability and Transformation Partnerships (STPs) and integrated care systems (ICSs).

The principles underpinning this strategic plan are:

People with dementia can live well following a diagnosis.

Care and services should be person centered and reflect the unique circumstances of the individual.

Families, friends or relevant others involved in caring for a person with dementia should be supported in this role.

People with a diagnosis of dementia should receive services which support choice, independence and self-management.

2. Working collaboratively to improve services



The Trust recognises that working with people who are living with dementia is a collaborative process and we have developed this strategy in consultation with people who use our dementia services, patient and carer representatives, partner agencies and staff to define priorities for further development.

The initial dementia strategy was developed based on an event that took place on 29 March 2017 - a co-production event to work with partners to begin the development of our Dementia Strategy. The event included Trust

staff, colleagues from a range of commissioning and provider organisations, and patient and carer representatives. Further sessions are underway to review the evolving document. Notwithstanding this the purpose of the initial event was to involve people in conversations around four subject areas to help us to prioritise and plan for our further development of dementia services, together we considered:

- How can the use of technology be developed to support people with dementia and family/carers?
- In what ways can we develop partnerships to support people with dementia and their family/carers?

- How will our services need to contribute to dementia education and awareness now, and for the future?
- What can we do to improve the safety culture here?

In addition local and national themes tell us that there are several challenges we need to focus on in developing a dementia strategy:

- Reducing the risk of admission or readmission to hospital because of a lack of support in the community.
- Improving access to the best possible services and support when it is needed through all points of the journey.
- Ensure that all services work together and talk to each other so they are better joined up and can support people to live well.

There is a shared ambition for the future that people with dementia will get the best support possible in the community enabling people to live well with dementia, supported to make choices which enable them to maintain independence.

The Trust is committed to implementing a dementia strategy which determines action we will take to contribute to this shared ambition over 2018-2021 bringing to life our vision to be a leading provider of integrated health services, recognised for the care, compassion and commitment of our staff and known as a great employer and valued partner.



3. Our Goals and Action Plan

Goal 1

Innovating Quality and Patient Safety

What we will do:

- We will develop the use of new technologies and ensure our staff have the required training to facilitate the use of technology.
- We will engage in research to evaluate the use of new technologies to support people living with dementia.
- We will continue to work with acute care partners to develop seven-day week enhanced hospital liaison services for people with dementia who attend or are admitted to acute medical hospitals.

- We will work with our care home partners to develop a responsive care home liaison service, educational support and end of life care.
- We will embed a culture of living well with dementia.
- We will embed a culture of dying with dignity in the preferred place of care directed via bespoke end of life care plans which means training our staff and understanding organisational development opportunities with our specialist providers.

Goal 2

Enhancing Prevention, Wellbeing and Recovery

What we will do:

- We will facilitate the use of new technologies to enhance the support of people in maintaining independence, well-being and choice.
- We will work with partner agencies to establish pathways of care, giving access to post diagnostic interventions and support.
- We will complete a programme of refurbishment of our inpatient unit to provide enhancements to the environment which will optimise peoples experience, improve safety and promote independence and wellbeing.

Goal 3

Fostering integration, partnership and alliances

What we will do:

- We will work with local commissioners and the STP to provide and evaluate the model of primary care diagnosis in Hull and share the learning.
- We will work with local commissioners and the STP to evaluate and redesign a pathway of care for diagnosis and post-diagnostic support in the East Riding of Yorkshire.
- We will provide a consistent approach for carers of people with a diagnosis of dementia across Hull and East Riding relating to access to information, advice and support.
- We will maintain close partnership working with existing local dementia collaborative networks to maximise opportunities for innovation.
- We will support our acute medical hospital partners through closer collaboration via the hospital liaison service by providing specialist older peoples clinical supervision for our colleagues.

Goal 6

Promoting people, communities and social value

What we will do:

- We will engage in clinically relevant research that reflects our local community need.
- We will evaluate our services through meaningful feedback from users, their families, the public and our staff team.
- We will develop the specialities within our staff team to enhance and reflect the emerging culture of living well, aging better and dying with dignity.
- We will work with the Recovery College and other sectors to extend the range of opportunities and availability of paid and unpaid occupation, dementia friendly learning events and other socially inclusive activities.